WYMONDHAM DEMENTIA SUPPORT GROUP

Founded 2009 - Registered Charity No: 1143347

NOTICE OF MEETING

Notice is hereby given that the Annual General Meeting of the Wymondham Dementia Support Group is to be held on Friday 2nd October 2026 at 9.00 am at the Fairland URC Centre, Fairland Hill, Wymondham, Norfolk, NR18 0AW

AGENDA

1. Apologies for absence
2. Approval of the Minutes of the AGM held on 17th October 2025
3. Matters arising from the Minutes of the meeting of 17th October 2025
4. Chair's Report
5. Treasurer's Report and to receive, consider and approve the Accounts for the year ending 31st March 2026
6. To re-appoint Philip Goddard, FCCA, as the Independent Examiner
7. Organisers' Report
8. Election of Ian Scales as a Trustee (Para 17(1) of the Constitution)
9. Re-election of Andy Rackham for a further 3 years from 2nd October 2026 as a Trustee (Para 17(3) of the Constitution)
10. Re-election of Phil Whiscombe for a further 3 years from 2nd October 2026 as a Trustee (Para 17(3) of the Constitution)
11. Any other business

No further resolutions that require a vote of the members at this AGM have been received.

By order of the Trustees



Phil Whiscombe

Hon. Secretary

Wymondham Dementia Support Group

Supporting documents that will be made available on the website and at the AGM:

1. Report of the Trustees
2. Accounts for the year ending 31st March 2026 and Independent Examiner's report
3. Chair's Report
4. Treasurer's Report
5. Organisers' Report
6. Minutes of the AGM held on 17th October 2025

WYMONDHAM DEMENTIA SUPPORT GROUP

REPORT OF THE TRUSTEES AND ACCOUNTS

FOR THE YEAR ENDED 31 MARCH 2026

Charity Number: 1143347

WYMONDHAM DEMENTIA SUPPORT GROUP

REPORT OF THE TRUSTEES AND ACCOUNTS

FOR THE YEAR ENDED 31 MARCH 2026

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WYMONDHAM DEMENTIA SUPPORT GROUP

Report of the Trustees for the year ended 31 March 2026

REFERENCE AND ADMINISTRATION INFORMATION

Charity Name:

Wymondham Dementia Support Group

Charity Registered Number:

1143347

Operational Address:

Fairland Church Centre, Fairland Hill, Wymondham, Norfolk, NR18 0AW

Patron:

The Lady Dannatt MBE

President:

T Brown

Trustees:

A Rackham (Chair)
P J Whiscombe (Hon Secretary)
M J Gibbins (Hon Treasurer)
T Barrett
S G Colk
A Scott
J Shorrock
K Shorrock

Independent Examiner:

P Goddard FCCA (Retired)

WYMONDHAM DEMENTIA SUPPORT GROUP

Report of the Trustees for the year ended 31 March 2026

STRUCTURE, GOVERNANCE AND MANAGEMENT

a. Governing Document

Constitution adopted on 24th June 2011 as amended on 4th October 2013.

b. Appointment of Trustees

Trustees are appointed either by the Charity in general meeting or by the other Trustees. They serve for a period of four years, being eligible to seek re-election for a further three years, after that they retire.

c. Risk management

Trustees have identified that the major risk to the organisation is its over dependence on funding by way of grants and donations. Consequently, the charity has attempted to increase the amount it raises from its own fund raising events to improve its financial sustainability. The Trustees will continue to monitor and review risk.

OBJECTIVES AND ACTIVITIES

a. Objectives

The following objects are for the benefit of people with dementia and their carers within the area of Wymondham and district in the county of Norfolk:

1. to promote and protect good health; and

2. to provide or assist in the provision of facilities in the interests of social welfare for recreation or other leisure time occupation with the object of improving their conditions of life.

b. Activities

Dementia Support Group mainly serves the town of Wymondham and its surrounding villages, although some individuals with dementia and their carers come from other parts of Norfolk where the service we provide may not be available.

The objectives of the Charity have been met by providing a variety of activities for people living with dementia and their carers. Our main activity is the Pabulum Café held every Monday and Friday which provides a safe, friendly and understanding meeting place where refreshments and occasional light lunches are served.

WYMONDHAM DEMENTIA SUPPORT GROUP

Report of the Trustees for the year ended 31 March 2026

ACHIEVEMENTS AND PERFORMANCE

Attendance at our cafés has been undiminished during the year with numbers attending at the Monday cafés now approaching those of the busy Friday café sessions. The continued requirement for attendees to book in advance has been essential in our being able to keep to safe numbers in the Church and Hall.

Whilst the twice weekly cafés remain the bedrock of our service offering, we continue to be able to offer additional events and entertainment to our members and carers:

- Spring Open Day with Arts, Crafts and Plant sales
- Visits from the pupils at Ashleigh School for singing and “Show and Tell”
- Christmas Party at Wymondham Rugby Club
- Gorleston Pantomime Trip
- Central Hall Dance and Socials with music by Stubby
- Visit to Bressingham Gardens and Steam Museum
- Music from the Offshoots
- Wymondham in Bloom
- Vintage and Classic Car Day
- Mini-Donkeys visit
- Dementia talk by Angela Hodge
- Singing Cafés
- Skiddling, Art and Poetry Groups
- Stretch and Relax, Bingo Sessions, Quizzes, Fish and Chip lunches

Training of our volunteers and trustees has continued through the year with First Aid, defibrillator, safeguarding and fire evacuation training.

For the Group’s own main fund-raising project this year we organised a ‘Step into September’ event where participants could raise sponsorship money for carrying out a variety of activities – over 20 days our incredible members, carers and volunteers came together to raise both dementia awareness and funds. From walking, cycling and running to hula-hooping, skipping and dancing, painting, puzzling, bird watching and litter picking. A total of £8,000 in sponsorship money was raised by these efforts. In addition, throughout the year volunteers ran various fund-raising arts and craft stalls at Tacolneston Woodlands Club, Peter Beales Roses Nursery, and Wymondham Garden Centre as well as car boot sales. We thank all those individual volunteers who have made, collected or donated the merchandise for the stalls and all those who have helped out at the various events.

We are extremely fortunate to be so generously supported by the local business community and the general public in Wymondham and South Norfolk and thank them for their continued support accordingly.

We would not be able to function and provide the necessary support to our members and their carers without our loyal volunteers giving freely of their time, experience and energy to deliver our services for which we thank them. Our very sincere thanks also go to our organisers, Deborah and Fliss who manage our activities with great skill, humour and efficiency.

Finally, we thank Lady Dannatt, our Patron, for her continued interest in and support of the Group throughout the year.

WYMONDHAM DEMENTIA SUPPORT GROUP

Report of the Trustees for the year ended 31st March 2026

FINANCIAL REVIEW

a. Receipts and Payments

The charity reported net outgoing resources of £6,662 for the year (2025 net outgoing £9,489)

b. Balances

Our balances as at 31st March 2026 totalled £52,126 (£58,788 as at 31st March 2025).

c. Reserves Policy

The Trustees had previously determined that a reserve equivalent to at least twelve months expenditure would be prudent in view of the uncertain nature of the main income sources. The current level of reserves exceeds this primarily due to a large legacy received in 2020 and £27,000 received in 2022 from the closure of The Wymondham Day Care Centre. The trustees are comfortable with the current higher level of reserves, but will consider opportunities to develop services in the future as opportunities arise.

d. Principal Sources of Funds

Grants and donations are the Charity's main source of funds.

DECLARATION

This report was approved by the Trustees on 20th May 2026 and signed on their behalf by



A Rackham

WYMONDHAM DEMENTIA SUPPORT GROUP

Independent examiner's report on the accounts
I report on the accounts of the Wymondham Dementia Support Group for the year ended 31st March 2026, which are set out on pages 7 to 9.

Respective responsibilities of trustees and examiner
The charity's trustees are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011("the Act").

The charity's trustees consider that an audit is not required for this year under section 144 of the Act and that an independent examination is needed.
It is my responsibility to:

- examine the accounts under section 145 of the Charities Act
- to follow the applicable Directions given by the Charity Commission (under section 145(5)(b) of the Act, and
- to state whether particular matters have come to my attention

Basis of independent examiner's report
My examination was carried out in accordance with the general Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from the trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit and consequently no opinion is given as to whether the accounts present a 'true and fair' view and the report is limited to those matters set out in the statement below.

Independent examiner's statement
In connection with my examination, no material matters have come to my attention which gives me cause to believe that in any material respect:

- accounting records were not kept in accordance with section 130 of the Charities Act or
- the accounts do not accord with the accounting records

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in order to enable a proper understanding of the accounts to be reached.



P Goddard FCCA (retired) - Corner Cottage, Church Road, Colby, Norfolk

WYMONDHAM DEMENTIA SUPPORT GROUP

STATEMENT OF FINANCIAL ACTIVITIES

FOR THE YEAR ENDED 31ST MARCH 2026

	General Unrestricted Funds £	Other Funds £	2026 £	2025 £
INCOMING RESOURCES				
Donations	17708.01		17708.01	19889.44
Fund Raising	14404.95		14404.95	3561.03
Outings, Trips and Functions	1575.00		1575.00	2027.50
Refreshments	3149.72		3149.72	3366.29
Miscellaneous Sales	116.00		116.00	172.00
Interest Received	1470.57		1470.57	1509.64
Other Income	126.40		126.40	2135.27
TOTAL INCOMING RESOURCES	**38550.65**	**0.00**	**38550.65**	**32661.17**
RESOURCES EXPENDED				
Wages	17312.20		17312.20	15728.20
Volunteer costs	265.75		265.75	1358.90
Property expenses	10644.00		10644.00	11266.00
Outings, Trips and Functions	6249.14		6249.14	6527.77
Refreshments	2097.54		2097.54	2017.99
Administration	2502.03		2502.03	2306.35
Pabulum Café expenses	1343.42		1343.42	1653.03
Happiness Garden	794.32		794.32	209.75
Purchases - clothing	78.30		78.30	21.60
Miscellaneous costs	710.72	3215.35	3926.07	1060.72
TOTAL RESOURCES EXPENDED	**41997.42**	**3215.35**	**45212.77**	**42150.31**
NET OUTGOING RESOURSES	-3446.77	-3215.35	-6662.12	-9489.14
Transfers from Designated Funds	0.00	0.00	0.00	0.00
NET MOVEMENT IN FUNDS	-3446.77	-3215.35	-6662.12	-9489.14
FUNDS BROUGHT FORWARD	55573.03	3215.35	58788.38	68277.52
FUNDS CARRIED FORWARD	**52126.26**	**0.00**	**52126.26**	**58788.38**
REPRESENTED BY				
Barclays Community Account			10106.68	14203.83
Barclays Savings Account			20000.00	12140.71
Cambridge and Counties Bank			20000.00	30000.00
Petty Cash			300.00	300.00
Cash in Hand			169.58	593.84
Wages Float			1550.00	1550.00
			52126.26	**58788.38**

WYMONDHAM DEMENTIA SUPPORT GROUP

NOTES TO THE ACCOUNTS

YEAR ENDED 31ST MARCH 2026

1 ACCOUNTING POLICIES

Basis of preparation
The financial statements have been prepared under the historical cost convention and assume that the Charity will remain a going concern for the forseeable future.

Fixed assets
All expenditure on fixed assets is written off as a resource expended in the year that it is incurred.

Taxation
The Charity is not liable to pay tax on any surpluses generated. The Charity is not registered for Value Added Tax, and all figures shown in the accounts include this tax where appropriate.

Pensions
The Charity has complied with its obligation to offer a Workplace Pension Scheme. No employee has currently indicated that they wish to join such a scheme.

Fund Accounting
General Fund assets represent those resources which may be used towards meeting any Charity purposes at the discretion of the Trustees

Restricted Funds are resources which are to be applied for the specified purposes only.

Designated Funds are resources earmarked by the Trustees for specified future purposes to be applied at the Trustee's discretion

2 OTHER FUNDS

	Balance At 1/4/2025	Income	Expense	Transfer	Balance At 31/3/2026
	£	£	£	£	£
Restricted Funds					
Admiral Nurses	3215.35		-3215.35		0.00

3 GRANTS AND DONATIONS

Thanks go to all individuals and organisations who made grants or donations in the year, including

A McDonald
A Rackham
C Tooke and S Roebuck
Catholic Womens League
K Gray
L and R Chalu
New Buckenham Lunch Club
Norfolk Crib Association
R and B Peck
T Howes
T Shepherd
Unite the Union
Wayford Lodge
Wymondham Ex-Servicemens Club
Wymondham Fire Service
Wymondham Garden Centre
Wymondham Lions
Wymondham Music Group
Wymondham Windmill Surgery

Special thanks to the families who lost loved ones during the year and gave Wymondham Dementia Support Group as their named charity.

Wymondham Dementia Support Group

Chair's Report to the 2026 Annual General Meeting

It's the end of another year and what can I say, I mean what can I say that has not been covered in the trustees' report already.

It's been another eventful year, with lots going on, lots of people involved, in so many ways and lots of happiness created.

Well, I would like to say thank you, thank you all yet again for making me so proud to be associated with our charity, to all the fund raisers, supporters, volunteers, trustees Deborah and Fliss, and Lady Dannatt for her continued support as our patron.

I would also like to say a huge thank you to the United Reformed Church, who provide us with a fantastic venue and great support that often gets overlooked or taken for granted, so thank you United Reformed Church.

Such is the nature of our charity being all about dementia support, that it is inevitable that members will join us throughout the year, and this year has been no exception to that, but sadly we also lose members and again this year has been sadly no exception and I speak for all of us when I say that, those that we have lost will be sadly missed and I am glad that we as a charity were able to help and bring some happiness in their latter time.

Sadly, this year has been a devastating year for us all, with the very sudden and sad loss of our treasurer Mike Gibbins, Mike wasn't just our treasurer, he was our friend and a kind and caring man who was in the heart of our charity for many years.

Mike never married or had children, but his brother Colin stated at his funeral that Mike considered us and the other charities he was involved with as his families and he loved us all, well we loved you Mike, God Bless.

I finish with a very warm welcome and thank you to all the new volunteers who have decided to join us this year, there are a great many charities out there, but you chose us, so a big thank you from us all and a special mention to Ian Scales, who when approached without any notice and asked to join us as our new treasurer, only took approximately three seconds to say yes, welcome one and all into our family.

Andy Rackham

Chair of Trustees 2026

WYMONDHAM DEMENTIA SUPPORT GROUP

TREASURER'S REPORT TO THE ANNUAL GENERAL MEETING

2nd October 2026

The accounts for the year ended 31st March 2026 show a reduction in funds of £6,612 over the year. Whilst this is not a matter for huge concern as the funds accumulated in previous years means that the level of reserves is still at a healthy level, the Trustees will be looking to return to a break-even position in coming years.

Our income for the year was up £5,890, thanks mainly to increased fund raising efforts. We are, as ever, heavily reliant on our many friends and supporters who have continued to show such tremendous generosity and who ensure that we continue to be able to offer a rich and varied program of events throughout the year.

Special thanks to Carol and Sharon for their shop and car boot sales, Angie for her many and varied craft activities, and to all who work so hard to ensure that our fund-raising efforts are so successful.

There were no major changes from the previous year in our running costs which continue to be well controlled. Our two main costs are wages and hire of the Church Hall and these are fundamental to the activities we offer.

We sadly lost our Treasurer, Michael Gibbins, earlier this year after many years of selfless service to our charity. Michael was a wonderful Treasurer and will be sadly missed.

Ian Scales

Wymondham Dementia Support Group

Organisers' Report – April 2025 to March 2026

During the period from April 2025 to March 2026, we welcomed new members and volunteers, while also saying goodbye to others. Throughout the year we enjoyed our café-based activities, outings, fundraising efforts, and visits from a range of professionals. We also continued our training programme covering dementia awareness and safeguarding and evacuation procedures.

Notable Events

- Wymondham Open Gardens – Volunteers and members proudly showed off our garden and provided teas and coffees to visitors.
- Trip to Bressingham where we enjoyed the gardens, steam museum, train rides and of course lots of rides on the gallopers.
- A visit from assistive technology bringing us up to date with devices to make our lives a little easier.
- Vintage Car Day – A much-loved annual tradition, enjoyed by all.
- A visit from the beautiful miniature donkeys bought plenty of smiles to the group.
- A dance and entertainment at Central Hall was a lively and enjoyable event and thanks to Norman and Helen for organising.
- Wymondham Garden Centre Fair – Our tombola and craft stand raised valuable funds; our crafters continue to amaze us with their professional-quality items.
- We "Stepped into September" where members, volunteers and friends pledged to take part in 20 days of increased activity and encouraged family and friends to sponsor their efforts and together we raised £8,000.
- Our Christmas celebrations included our annual Christmas Party – and a special visit from Ashleigh Primary School and the Offshoot guitar group.

Looking Ahead

As we move forward, we will continue to encourage volunteers to take on multiple roles if they are able. This has helped to share responsibilities and ease the pressure on those who regularly assist with games, refreshments, and other activities.

We are developing our relationship with Fosters Solicitors who have chosen us as their charity of the year.

Our aim for the coming year is to offer more activities to our Monday group including a trial run of a monthly games session. We would also like to encourage more visits from professionals including Admiral Nurses and Assistive technology.

Above all, we will listen to our volunteers and members and take their thoughts, suggestions and ideas on board.

Thanks, and Appreciation

We are extremely grateful to the external volunteers and entertainers who regularly give their time to support the group. We would like to thank Philip and Rob for leading our singing sessions, they each bring their own individual style of music, but share the same enthusiasm and ability to engage everyone.

We would also like to thank the many people and organisations within our local community who continue to support us in so many different ways. From Wymondham Garden Centre, with its tremendous ongoing support, to Catherine, who regularly brings in produce from her garden to sell, we are fortunate to have such a generous and supportive community around us.

Finally, and most importantly, a heartfelt thank you to our wonderful volunteers and trustees for their ongoing commitment, enthusiasm and hard work. The group simply would not be what it is without you.

WYMONDHAM DEMENTIA SUPPORT GROUP

Registered Charity No: 1143347

Minutes of the Annual General Meeting for the year 2024/25

held at Fairland Church Centre, Wymondham

on Friday 17th October 2025 commencing at 09.00am

Our patron, The Lady Dannatt, addressed the meeting stating that it was a great honour to be able to speak to the Group. Noting the same wonderful atmosphere as always, she welcomed Fliss Horne, our new assistant organiser, to the Group which she considered a special family to belong to. The Group was so well known and respected by the local community and represented a beacon of compassion and community spirit. What the volunteers do week after week is remarkable and their dedication is essential for supporting those living with dementia.

1. Apologies received from: Trevor Brown, Sallie Colk and Corinne Hill.
2. The minutes of the last Annual General Meeting held on Friday 25th October 2024 were approved, proposed by Jo Shorrock, seconded by Ken Shorrock and signed by the Chairman.
3. Matters arising from those minutes: None.
4. Chair's Report: The written report had been distributed with the Notice of the Meeting and Agenda and was available on the website. The Chair gave an overview of his report, welcomed Fliss Horne to the Group and gave particular thanks to Deborah Anstee for her outstanding efforts during the organiser role changes. He thanked Lady Dannatt for sparing her time to visit the Group. He noted the importance of encouraging younger people to volunteer to maintain the effectiveness of the Group. Finally, he thanked all those who made his first year as Chair a wonderful and pleasurable year.
5. Treasurer's Report and approval of the Annual Accounts: The accounts and the Independent Examiner's report for the year ending 31st March 2025 were distributed with the Notice of the Meeting and Agenda and were available on the website. The Treasurer gave a brief overview of the accounts noting that there was a loss of £9.5k over the year, but this was not of concern and was in accordance with our plans reducing the previous overlarge surplus to sustainable levels. Costs have remained at predictable levels. Fundraising efforts have continued apace and particular thanks were given to Carol, Sharon and Angie for their efforts. We continue to receive and are very grateful for the donations in memory of those from the Group's community who have passed away. It was noted that we had finally been able to hand over the balance of the funds that had been raised for Admirals Nurses by the sponsored walk event held in 2019.
6. Re-appointment of Philip Goddard, FCCA, as the Independent Examiner for the year 2025/2026. Philip has indicated that although he was now retired he was willing to continue in this role. His re-appointment was proposed by Pippa Chapman, seconded by Linda Whiscombe and carried by the meeting.

7. Organiser's Report: The written report had been distributed with the Notice of the Meeting and Agenda and was available on the website. Deborah Anstee summarised the main points and thanked the trustees for their support during the year. She was pleased to report that the Group had been able to improve training for volunteers and trustees during the year. One aspect of volunteers' roles that has been improved is to extend the team available to undertake kitchen duties to spread the load more evenly.
8. Election of Tim Barrett for a period of 4 years from 17th October 2025 as a Trustee (Mr Barrett has indicated his willingness to serve again as a Trustee) (Para 17(1) of the Constitution) proposed by Ann Achilles, seconded by Linda Templeton and carried unanimously by the meeting.
9. Re-election of Ann Scott for a period of 3 years from 17th October 2025 as a Trustee (Para 17(3) of the Constitution) proposed by Linda Whiscombe, seconded by Pippa Chapman and carried unanimously by the meeting.
10. Any Other Business
    - The need to advertise for new volunteers was discussed with various suggestions as to how this might be achieved – social media; leaflet drops at GP surgeries, care homes, farmers' markets, houses on the new estates, etc.
    - Could we increase contact with local schools?

There being no further business the meeting closed at 09.31 am.

PJW